



## ***Controlling High Blood Pressure (CBP)***

**Measure Description:** The percentage of members 18-85 years of age who had a diagnosis of hypertension (HTN) and whose BP was adequately controlled during 2018

**Applicable Provider Specialty:** Mixed Specialty

**Attribution Description:** Members are attributed to practices in which they had at least one visit in 2018.

**Denominator Definition:** To confirm the diagnosis of hypertension, the organization must find notation of one of the following in the medical record anytime during the member's history on or before June 30, 2018:

- Hypertension
- HTN
- High BP (HBP)
- Elevated BP
- Borderline HTN
- Intermittent HTN
- History of HTN
- Hypertensive vascular disease (HVD)
- Hyperpiesia
- Hyperpiesis
- A diagnosis code for hypertension documented in the medical record

### **Qualifying Exclusions:**

- All members with evidence of end – stage renal disease (ESRD), kidney transplant on or prior to December 31, 2018
  - Documentation in the medical record must include a dated note indicate evidence of ESRD, kidney transplant or dialysis
- Female members with a diagnosis of pregnancy during 2018
- All members who had a non-acute inpatient admission during 2018
  - Identify all acute and non- acute inpatient stays, confirm the stay was for non-acute care based on the presence of a non -acute code on the claim
  - Identify the admission date for the stay

**Numerator Definition:** The number of members in the denominator who's most recent BP (both systolic and diastolic) is adequately controlled during 2018 based on the following criteria:

- Members 18-50 years of age as of December 31, 2018 whose BP was <140/90 mm Hg
- Members 60-85 years of age as of December 31, 2018 who were flagged with a diagnosis of diabetes and whose BP was <140/90 mm Hg

- Members 60-85 years of age as of December 31, 2018 who were flagged as not having a diagnosis of diabetes and whose BP was <150/90 mm Hg
- To determine if the member's BP is adequately controlled, the representative BP must be identified